



## Hormones

## T-M (TESTO-QUENCH FOR MEN) 120VCAP



## Ingredients:

 **T-W (Testo-quench for men)** for Men is a unique combination of herbal extracts, including saw palmetto and pygeum specifically designed to help relieve urologic symptoms associated with mild to moderate benign prostatic hyperplasia (BPH). BPH is a common disorder among aging men. It causes painful, difficult and frequent urination, as well as incomplete voiding due to increased prostate growth.

The growth of the prostate depends on stimulation from androgens. Research shows that dihydrotestosterone (DHT) is a critical factor in prostate growth and is metabolized from testosterone by 5a-reductase. Saw palmetto is used in Herbal Medicine to decrease the urologic symptoms associated with BPH. It has been shown to have anti-androgenic activity, inhibiting the actions of both 5a-reductase and DHT. Saw palmetto may exert anti-proliferative effects by blocking prolactin signalling, which decreases prolactin-induced prostate growth. Studies show that saw palmetto can also bind receptors in the bladder and prostate to control urine flow.

## **Indications**

Urologic symptoms of Benign prostatic hyperplasia

**Recommended Dose:** 2 capsules 1-2x daily or as directed by a health care practitioner.

