

PRODUCT INFORMATION Stress & Sleep

GSF COMPLEX



EACH CAPSULE CONTAINS:

GSF Complex provides adrenal cortex and whole adrenal support along with synergistic nutrients necessary for adrenal gland function during periods of stress. Deficient kidney mineralization and function, overuse of stimulants, environmental pollution and stress contribute to adrenal toxicity and exhaustion, leading to adrenal atrophy. Serious adrenal dysfunction can cause electrolyte and carbohydrate metabolism imbalances, resulting in circulatory collapse and hypoglycemia.

GSF Complex is indicated for symptoms associated with stress and adrenal exhaustion, including allergies, chronic fatigue syndrome, hypoglycemia, asthma, hemolytic anemia, hypotension; and for premenstrual symptoms such as depression, irritability, mood swings, sugar cravings and bloating. The capsules are 100% pure vegetable-sourced.

Pantothenic Acid (calcium d -pantothenate)100 mg
Magnesium (magnesium aspartate/oxide)25 mg
Zinc (zinc citrate)10 mg
Potassium (potassium aspartate) 25 mg
Adrenal
Adrenal Cortex20 mg
Ginkgo (Ginkgo biloba) Leaf27 mg
Bitter Orange (Citrus aurantium) Fruit
Std. Extract (40% Hesperidin)15 mg

RECOMMENDED DOSAGE:

Adults: Take one capsule two times daily with meals, a few hours before or after taking other medications, or as recommended by your health care practitioner.

Risk Information: If you are taking health products that affect blood coagulation; or if you are taking thiazide diuretics, cardiac glycosides, corticosteroids, stimulant laxatives or other medications which may aggravate electrolyte imbalance, do not use. If you are taking medications for diabetes or seizures; if you are pregnant or breastfeeding; if you have a liver disorder or develop symptoms of liver trouble; or if you have an iron deficiency, consult your healthcare practitioner prior to use.

(Seroyal/Genestra products are only available through a licensed health care professional.)

