



## PRODUCT INFORMATION Pregnancy Pre & Post Natal

### BREAST MILK TEA



A gentle but effective combination of herbs for stimulating breast milk production. Sold as a loose tea.

**Recommended dose:** Drink 2 cups per day after birthing to encourage breast milk. The tea may be sweetened but do not use cream or milk.

**Ingredients:** arctystaphylos, agrimony, eupatorium, taraxacum and zea mays.